

Is your cat at increased risk?

The right weight loss nutrition can help reduce the risks associated with high body fat percentage.

As body fat increases, so does the risk for:

Shortened life expectancy

- Diabetes mellitus
- Reduced mobility
- Arthritis
- Increased physical injury
- Respiratory disease
- Hepatic Lipidosis
- Kidney disease
- Cancer
- Bladder stones

BFI Risk Chart

Low Risk

16-25% Body Fat

Prominent bony structures

Prominent distinction between

Minimal fat cover

Head & Neck

head & shoulder

Very easy to palpate

Minimal pectoral fat

Very easy to palpate

Very easy to palpate

Loose abdominal skin

Easy to palpate abdominal

Loose scruff

No scruff fat

Sternum

Prominent

Scapula

Ribs

Prominent

Prominent

Abdomen

contents

Tail Base

Easy to palpate

20

Face



30

Face

High Risk

Serious Risk

46-55% Body Fat

Extreme Risk

70 56-65% Body Fat 65% Body Fat

Face Very thick fat cover Minimal to no bony structures No bony structures

> Head & Neck No distinction between head & shoulder Tight scruff Very thick scruff fat

Sternum Not prominent Extremely difficult to palpate Impossible to palpate Extremely thick pectoral fat Extreme pectoral fat

> Scapula Not prominent Impossible to palpate

Ribs Not prominent Impossible to palpate

Abdomen Extremely heavy fat pad; indistinct from abdominal fat. Impossible to palpate abdominal contents

Tail Base Bony structure not prominent Extremely difficult to palpate Extremely thick fat cover

Shape From the Side Very severe abdominal bulge

Shape From Above Extremely broadened back

Slight fat cover Defined bony structures Head & Neck Clear distinction between head & shoulder

26-35% Body Fat

Loose scruff Slight scruff fat Sternum Defined, slightly prominent Easy to palpate Slight to moderate pectoral fat

Scapula Defined, slightly prominent Easy / very easy to palpate

Ribs Not prominent Easy to palpate Abdomen

Loose abdominal skin with minimal fat Easy to palpate abdominal contents

Prominent bony structure **Tail Base** Minimal fat cover Slightly to minimally prominent bony structure Shape From the Side Palpable

Moderate to slight abdominal tuck Shape From Above

Marked hourglass

No abdominal tuck **Shape From Above** Slight hourglass / lumbar waist

Shape From the Side

Slight fat cover

40 36-45% Body Fat Face

Face Slight to moderate fat cover Moderate fat cover Defined to slight bony Slight to minimal bony structures structures

Head & Neck Head & Neck Clear to slight distinction Minimal distinction between between head & shoulder head & shoulder Loose to snug scruff Loose to snug scruff Slight to moderate scruff fat Moderate scruff fat

Sternum Minimally prominent Palpable Moderate pectoral fat

Scapula Slightly prominent Easy to palpate

Ribs

Palpable

Not prominent

Abdomen Obvious skin fold with moderate fat Easy to palpate abdominal contents

Tail Base Minimally prominent bony structure Palpable Slight to moderate fat cover

Lumbar waist

Shape From the Side Slight abdominal bulge Shape From Above

Scapula Palpable Ribs

50

Not prominent

Heavy fat pad Difficult to palpate abdominal contents

Poorly defined bony structure Difficult to palpate Moderate to thick fat cover

Shape From the Side Moderate abdominal bulge

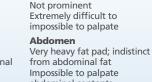
Broadened back

Sternum Poorly defined Difficult to palpate Thick pectoral fat Minimally to not prominent

Difficult to palpate

Abdomen

Shape From Above



Severe Risk

60

Face

Thick fat cover

Head & Neck

Sternum

Scapula

Ribs

Not prominent

Not prominent

Difficult to palpate

Poor to no distinction

Snug to tight scruff

Very thick scruff fat

between head & shoulder

abdominal contents Tail Base Bony structure not prominent Very difficult to palpate

Shape From Above

Severely broadened back

Very thick fat cover Shape From the Side Severe abdominal bulge

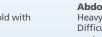
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Developed and validated in partnership with veterinarians at the University of Tennessee.





2 steps to determine ideal weight

Current

Weight

Body Fat %

Ideal body weight is calculated using current weight and body fat percentage.

STEP 1

Determine the pet's body fat percentage with the images and descriptors on the reverse side.

STEP 2

Establish ideal weight using this chart.

Make a specific nutritional recommendation to help this patient achieve an

ideal weight.

20 70 50 60 (2,0)8 8 7.0 6.0 5.0 4.0 3.0 9 9 7.9 5.6 4.5 6.8 3.4 10 8.8 3.8 10 7.5 6.3 5.0 8.3 4.1 11 11 9.6 6.9 5.5 7.5 12 12 10.5 9.0 6.0 4.5 13 13 11.4 9.8 8.1 6.5 4.9 12.3 10.5 14 14 8.8 7.0 5.3 15 15 13.1 11.3 9.4 7.5 5.6 16 6.0 16 14.0 12.0 10.0 8.0 17 17 12.8 14.9 10.6 8.5 6.4 18 6.8 18 15.8 13.5 11.3 9.0 19 19 16.6 14.3 11.9 9.5 7.1 17.5 12.5 20 20 15.0 10.0 7.5 21 21 18.4 15.8 13.1 10.5 7.9 22 22 19.3 16.5 13.8 11.0 8.3 23 23 20.1 17.3 14.4 11.5 8.6 24 24 21.0 18.0 15.0 12.0 9.0 25 25 21.9 18.8 15.6 12.5 9.4 26 26 22.8 19.5 16.3 13.0 9.8 27 27 23.6 20.3 16.9 13.5 10.1 28 28 24.5 21.0 17.5 14.0 10.5 29 25.4 18.1 14.5 10.9 29 21.8 30 30 26.3 22.5 15.0 11.3 18.8 11.6 31 27.1 23.3 19.4 31 15.5 32 32 24.0 12.0 28.0 20.0 16.0 20.6 16.5 33 33 28.9 24.8 12.4 34 34 29.8 25.5 21.3 17.0 12.8 17.5 35 35 30.6 26.3 21.9 13.1

IDEAL BODY WEIGHT [LBS]

Body Fat %

Body Fat %

Body Fat %

Body Fat %



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